

THE balance

game

Physicians' lives are out of balance. They're spending more time at the office doing menial tasks and less time doing what they love. Here are some things to know about physicians and how they feel about their jobs.

Physicians are feeling overworked

65%

feel more overworked now than when they started their careers

The paperwork monster. A significant amount of their time is spent on paperwork and digital documentation.

22% spend more than an hour a day doing paperwork

Physicians struggle with work/life balance

39%

do not think their facility supports a healthy work/life balance

BALANCE IS A PRECIOUS COMMODITY.

Physicians' free time is declining

64%

say they have less free time now than when they began their careers

PRACTICING MEDICINE SHOULD FEEL LIKE A CALLING. NOT A SENTENCE.

Physicians don't have enough time with patients

58%

spend less time with patients now than when they started their careers

59% want more time to communicate with patients

MEDICINE IS BEST PRACTICED FACE-TO-FACE. NOT WHILE ON THE RUN.

More physicians are thinking about leaving medicine

55%

have thought about leaving medicine in the past few years

59% of them due to excessive paperwork

68% because they spend too much time entering data into electronic health records

62% feel they are overworked

Physicians are taking secondary jobs

THEY'RE LOOKING FOR OPTIONS

41%

are finding supplemental work

Top three reasons for working a second job:

1

Decrease in primary income

2

Supporting preferred lifestyle

3

Paying off debt

Many physicians choose locum tenens for supplemental income

21%

of those taking second jobs are working locum tenens

LOCUM TENENS POSITIONS ARE THE MOST POPULAR WAY PHYSICIANS MAKE ADDITIONAL MONEY.

Physicians are looking for balance

They need a way to balance their workload and their personal life. Many are turning to locum tenens work. Visit locumstory.com/physicianworkload to learn more.

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Source: Physician Workload and Communication Survey, Hanover Research